

Resilience.



This learning power is being introduced through the character **Tough Tortoise**.

Tough Tortoise Never Gives Up!!

Each of our classes have a Tough Tortoise learning hero to represent the skill (resilience) and we are developing a language for learning which is used in all classrooms and areas across the school. This will ensure everyone understands and talks about 'learning to learn'. Resilience means being ready, willing and able to lock onto learning. It means persevering even when something seems difficult and being able to absorb yourself in a task while not allowing yourself to be distracted.

We want our children to develop the skills (capacities) involved in being resilient learners.

These skills, or capacities, are: **perseverance, managing distractions, absorption and noticing**.

The capacities of resilience will be taught to the children through all areas of school life.