



# ABOYNE LODGE

CREATIVE • CURIOUS • CARING

WEEKLY BULLETIN

FRIDAY 30th September '22



## MESSAGE FROM THE HEAD

We started off the week with Natalie from the St Albans foodbank coming in to talk to the children about the Trussell Trust and the work they do to support families in need. We will be donating the food collected from Harvest Festival this year to them so please give generously. They are in particular need of a number of items including: Tinned foods, Desserts, Biscuits, Cereals, Long life fruit juice and Milk, Jam/Spreads, Toilet Rolls, Shower Gel/Shampoo, and upwards, Tea/Coffee.

Harvest Festival takes place on Monday 17th October at 2:30pm and parents are very welcome to attend.

Thank you for the parents who made it to the ALSA AGM last week. It is always good to hear your views and input. ALSA are part of the fabric of the school and make a huge difference to us. We really appreciate the support you give.

On Tuesday we had a PSHE morning, focusing on 'Zones of Regulation'. Essentially they are four

coloured zones that help children recognise their feelings and help them develop strategies to get back into the right head space and ready to learn. For example, the green zone is where you are feeling calm, happy and in a good place mentally (this is where we want to be). Blue denotes sadness, feeling ill or melancholy. Yellow means you feel silly, worried nervous or over excited. Red is where you feel anger, panic or loss of control. By supporting children with their feelings, our aim to support them to be in the right place to learn. Thank you to all the TAs for supporting with the morning and making it a success.

Next week we have our first Full Governing Body meeting of the year. The Governing body play a vital role in the strategic development and oversight of the school. We are actively looking for a Governor who is (or has been) in education, particularly with SEN experience. If you know someone, maybe a retired teacher, who would like to be involved, please get in touch with Adam Brown or Alex Farley.

Have a great weekend.

LEARNING POWER CERTIFICATES  
(awarded for reciprocity, resilience, resourcefulness and resourcefulness)

Aryana (Y1) Belle (Y2) Stanley (Y3)  
Emilie (Y4) Claude (Y6)

HOT CHOCOLATE FRIDAY—  
congratulations to these children  
who have gone 'over and above' this  
week

Y1 Kian Y2 Charlotte Y3 Harri Y4  
Hollie Y5 William Y6 Arjun

## UPCOMING EVENTS

Wed 5th Oct - Autism in Schools Meetings - 9am

Thur 6th Oct - Travelling Book Fair arrives

Mon 10th Oct - Shakespeare Workshop

Wed 12th Oct—Mini Police course (Y5) begins

Weds 12th Oct—Y6 Climate Champions

Thurs 13th & Tues 18th—Parent Consultations 330pm—7pm

Monday 17th October—Harvest Festival 230pm

## Dinosaur (knowledge Encyclopedia)

By Jon Woodward

Recommended by Stanley (Y3)



“Over 60 prehistoric creatures like you’ve never seen them before. Journey back to the Mesozoic Era, where fearsome dinosaurs roamed...”

## MESSAGES FROM THE OFFICE

### Lunches

If your children are having school lunches please sign them up on Gateway before coming to school. Also please remember to cancel the lunch by 9am if your child is not going to be in school for any reason, otherwise HCL won't issue a refund.

### Uniform

Please let us know if you have any uniform needs - we would appreciate it if people with outstanding payments can settle their accounts as soon as possible. Thank you

### Applying for Free School Meals

If your child is in receipt of free school meals, the school also receives extra funding to support your child in other ways (the Pupil Premium Grant) – for example, we can support with extra tutoring, fund outside support with a specific learning need and even support financially with trips and clubs. This means that (if you qualify) you should apply even if your child is in Reception, Year 1 or Year 2 where all children are entitled to a free school meal.

Your child can get a free school meal if you receive any of the following:

- Income Support · Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of State Pension Credit
- Child Tax Credit (as long as you're not also entitled to Working Tax Credit and you don't get more than £16,190 a year)
- Working Tax Credit run-on (paid for 4 weeks after you stop qualifying for Working Tax Credit)
- Universal Credit (with annual earned income of no more than £7,400 after tax and not including any benefits you get)

It only takes 5 mins to apply online and in most cases they can tell you straightaway if your child can get free meals at school. For more information and the link to apply, please visit the Hertfordshire CC website: <https://www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-schoolmeals.aspx>. Alternatively, if you need some help, please pop into the office.

