

Key Vocabulary

Jewish
Shabbat
Holy
Special
Kiddush Cup
Challah Bread
Shabbat Candles
Blessings
Synagogue
Havdalah

Summer 1

R.E.: Shabbat



How is Shabbat Celebrated?

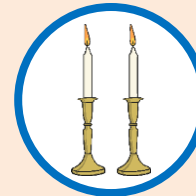
When Shabbat begins on Friday evening, everyone puts on their best clothes and gather for a special meal. Other family members or friends may join the family for this special occasion.

What is Shabbat?

Shabbat is an exciting and important day that Jewish people look forward to all week. For Jewish people, Saturday is a special and holy day.

It happens every weekend, beginning on a Friday evening and ending on a Saturday evening.

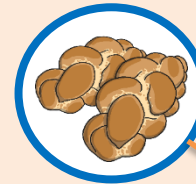
Shabbat Traditions



Shabbat candles are lit on the dinner table.



Wine (or grape juice) is shared in a **Kiddush Cup**



Challah Bread is eaten



Blessings are recited



Other Customs

No work can be done including homework!

Havdalah is the end of Shabbat. A special plaited candle is lit and prayers are read. Special spices are smelt and finally the candle is put out in the wine.

Family enjoys speaking together and singing songs

Families will visit a synagogue during Shabbat



Challah Bread is a special plaited loaf of bread that is bought fresh Friday morning.

This bread tastes much sweeter than normal bread. When they are brought to the table, they are covered so that the bread cannot 'see' the wine as it is being blessed.